

## Park Rules & Regulations

Please remember: You are not only a visitor, but also a steward of the land. For a safe and enjoyable experience, please observe these rules:

1. The park is open from dawn to dusk.
2. Vehicles are permitted only in the designated parking area.
3. Stay within the posted property boundaries, and be considerate of other visitors and adjoining property owners.
4. Keep pets leashed at all times; please clean up after them.
5. Do not remove or destroy plants, wildlife or artifacts.

### The following are prohibited:

Motorized vehicles on trails, camping, fires, alcohol, firearms, feeding wildlife, smoking, dumping, swimming, metal detectors, mountain bikes and radios.

### The preserve offers:

Picnicking, hiking, snowshoeing, and bird-watching including waterfowl.



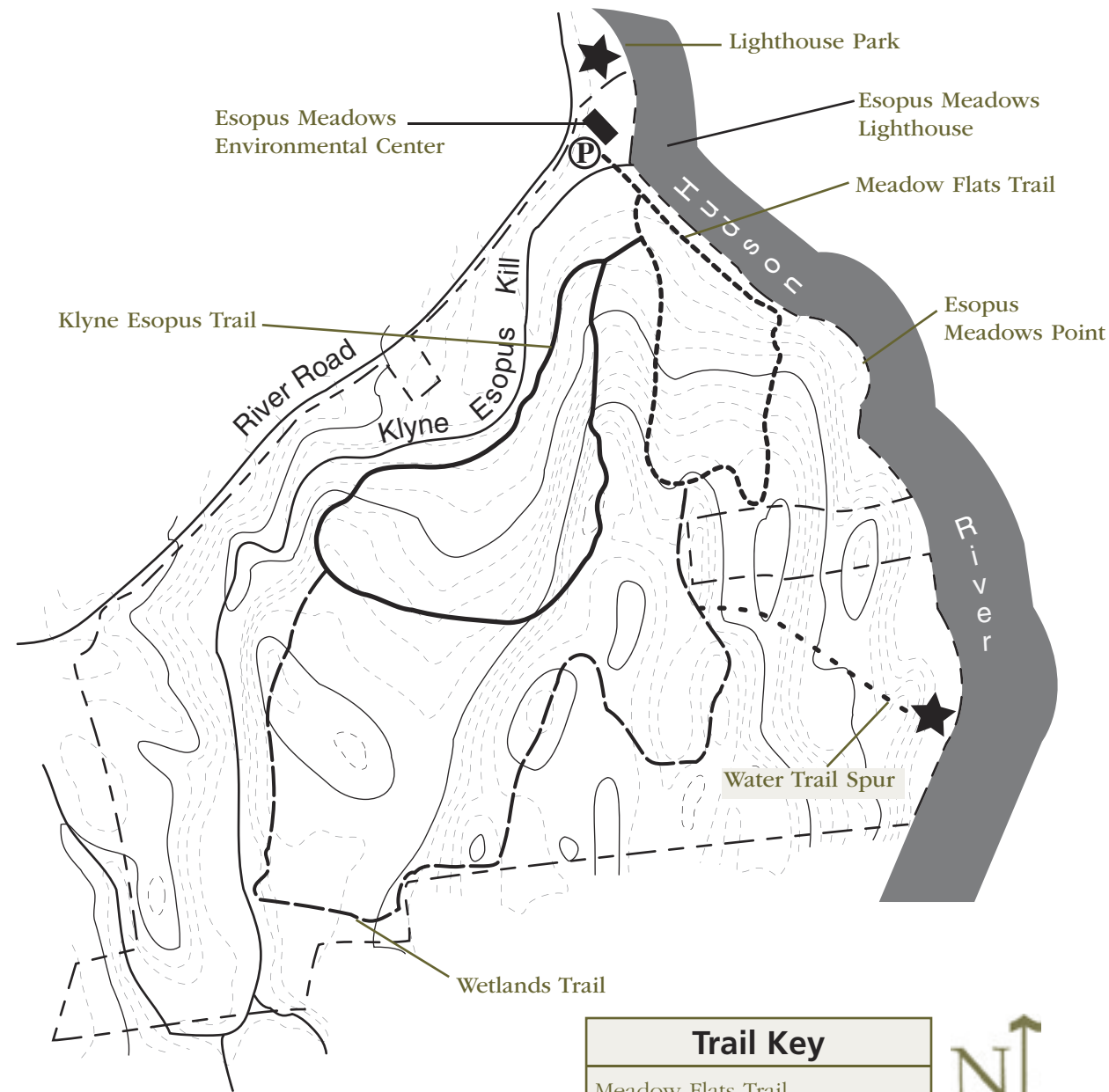
### CAUTION:

Deer ticks, which can transmit Lyme Disease, are a growing problem in this area. Take precautions and check for ticks after leaving.



Kindly carry out what you carry in.

# Trail Map



Trail Key	
Meadow Flats Trail	.....
Klyne Esopus Trail	—————
Wetlands Trail	- - - - -
Water Trail Spur	- . - . - .



## Description of Trails

Esopus Meadows Point Preserve has four trails, totaling about two miles. Please stay on marked trails. Trail difficulty ranges from easy to moderate. Trail users should wear sturdy shoes and beware of loose rocks, holes and slippery surfaces.

### Meadow Flats Trail 1/2 mile

(Blue Trail)  
This trail follows the shoreline before it loops through adjacent woods. It contains terrific views of the Hudson River across to Staatsburgh State Historic Site and the Esopus Meadows Lighthouse.

### Klyne Esopus Trail approx. 1/2 mile

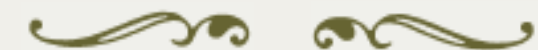
(Red Trail)  
Meandering along the river valley created by the Klyne Esopus Kill, this loop crosses a wooded lowland and traverses a ridge that runs through the center of the preserve. A number of interpretive stations have been created on this trail to identify many native plants and some threats to the habitat here and throughout the Hudson Valley.

### Wetlands Trail approx. 1/2 mile

(Yellow Trail)  
Weaving among both permanent wetlands and vernal pools – wetlands that only appear in spring and during rainy periods – the trail offers many vantage points for bird-watching.

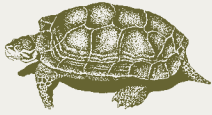
### Water Trail Spur approx. 1/4 mile

(White Trail)  
This short spur leads to a stop on the Hudson River Water Trail, which extends from Troy to New York City. The water trail provides stops along the river for non-motorized boats.



## Esopus Meadows Point Preserve

encompasses 93 acres including 2,000 feet of shoreline on the Hudson River. The preserve contains upland, wetland, freshwater and estuarine habitats. It also boasts about two miles of hiking trails and an environmental education center operated by **Hudson River Sloop Clearwater**. Directly across the river from the **Staatsburgh State Historic Site**, the preserve is adjacent to **Lighthouse Park**, a 0.7-acre property donated to the town by Scenic Hudson. The lighthouse sits at the edge of three-foot-deep shallows known as Esopus Meadows Flats on its west side. To its east is a 60-foot-deep shipping channel. It is the last remaining wooden lighthouse on the Hudson River.



Esopus Meadows Point extends prominently into the Hudson River at an easterly bend in the river, just south of the environmental center. The roughly one square mile of shallows off the point is designated as the **Esopus Meadows Significant Coastal Fish and Wildlife Habitat**. It supports important spawning and feeding waters for a great variety of fish and waterfowl.

Hikers can experience the shoreline, with its unique geological formations, as well as a valley formed by the **Klyne Esopus Kill** and its associated wooded lowland. There are both permanent and temporary wetlands that allow many opportunities to observe wildlife along trails throughout the preserve.

At the southeast corner of the preserve, Scenic Hudson is developing a stop on the Hudson River Water Trail. The water trail is a program of the **Hudson River Valley Greenway** and consists of a series of sites from Troy to New York City where non-motorized boats can launch and/or land.



Upon completion of this project, the Water Trail site will look, from a distance, like just another piece of shoreline. As paddlers approach they will be able to pull their boats out of the water onto a wooden boat ramp. From there a short walk will lead to a grassy rest area, past trees and shrubs with openings that allow for views of the Staatsburgh State Historical Site and the lighthouse. Also planned are an informational kiosk panel, picnic tables and a rustic pavilion. This site will not be accessible by land for launching boats.

### DIRECTIONS

Crossing the Mid-Hudson Bridge from east to west, take Route 9W north for 10.3 miles. Turn right onto River Road. Proceed 1.3 miles. Entrance on right.  
**Operating Hours:** Open year-round from dawn to dusk.

## SCENIC HUDSON

YOUR VALLEY. YOUR VOICE. YOUR FUTURE.

We hope you enjoy visiting Esopus Meadows Point Preserve. This and other significant Hudson Valley landscapes are protected by The Scenic Hudson Land Trust with the support of the Lila Acheson and DeWitt Wallace Fund for the Hudson Highlands, created by the founders of the Reader's Digest Association, Inc.



Visit other Scenic Hudson parks nearby: Shaupeneak Ridge Cooperative Recreation Area Black Creek, Esopus, Ulster County  
[www.scenichudson.org/parks](http://www.scenichudson.org/parks)

Please call or write to receive a free *Adventure Guide to Scenic Hudson's Parks, Preserves and Trails*.

*Scenic Hudson works to protect and restore the Hudson River and its majestic landscape as an irreplaceable national treasure and a vital resource for residents and visitors. A crusader for the valley since 1963, today we are the largest, environmental group focused on the Hudson River Valley. Our team of experts combines land acquisition, support for agriculture, citizen-based advocacy and sophisticated planning tools to create environmentally healthy communities, champion smart economic growth, open up riverfronts to the public and preserve the valley's inspiring beauty and natural resources.*



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## Esopus Meadows Point Preserve



River Road  
Esopus, NY

*Park Guide and Trail Map*

